

MEMORANDUM

TO: PROSPECTIVE ADAPTIVE ALPINE SKI & SNOWBOARD INSTRUCTORS

FROM: ALICE BUSCH, THERAPEUTIC RECREATION

SUBJECT: 2012 Therapeutic Recreation Ski & Snowboard Programs

DATE: November 18, 2011

The Spokane Park and Recreation Department's Therapeutic Recreation Adaptive Ski & Snowboard Program will be held on Mount Spokane beginning Saturday, January 21 through March 3, 2012. The **adaptive ski/board** program for people with physical disabilities will include: Mono-ski, Bi-ski, Snowboard, 4 & 3 track, and Visually/Hearing Impaired skiing. Lesson times will 9:30am-12:30 pm and 1-4pm.

Mandatory Instructor Clinics will be held prior to the start of the program. The first will be a dryland meeting for all instructors **Friday January 13, 2012 6:00- 8:30 p.m.** at the Corbin Community Center, 827 W. Cleveland. We will outline the program, go over expectations, fill out paperwork, and begin teaching about the adaptive equipment.

The on snow training will be Saturday January 14, 2012 at Mt. Spokane in our Adaptive Snow Sports Chalet. The snow sports chalet is located at the base of chair 5(bunny hill). John Stevenson a Level 3 PSIA Examiner will be conducting our clinic along with our lead ski instructors. We will be rotating through the different disciplines. Training begins at 8:30am and ends at 4pm. We will be observing your ability to work with people, your ability to ski/board, and your ability to teach.

During the program morning session volunteers will meet at 8:30am for a staff meeting, assignments, receive lift ticket, equipment check, warm - up run, etc...and teach lessons till 12:30pm.

If volunteering for the afternoon session please meet at 12:30pm for pre-lesson meeting and teach lessons till 4pm.

The first session of lessons are morning 9:30am- 12:30pm and afternoon 1-4pm
January 21, 28 and February 4

The second session of lessons are same times on February 11, 25, and March 3

There will be no students on February 18.

Instructors are asked to commit to volunteering at least one 3 week session; either morning or afternoon lessons. The intent is to assign a student to the same instructor for the duration of the session(3 weeks). Some instructors may choose to teach the full day lessons for the 3 or 6 week sessions.

Instructors teaching one lesson a day will be able to free ski during non-lesson time. If instructors choose to teach two lessons a day for the 3 week session they will receive a stocking stuffer pass from Mt. Spokane good for 4 day/evening passes. Do not sell these promo passes or you will be expelled from the program immediately. They may be used for friends or family... however you must be present to obtain them. Please do not give these away to random people up at the mountain as we do not want to take away from a potential mountain revenue source. You will not have to pay on the days you are instructing with the program.

Anytime not teaching (free skiing) the volunteer instructor will NOT be covered as a city volunteer under workman's compensation.

The Adaptive program has instructor jackets. They are high quality, apple green with the parks and powderhound logo. Instructors who have volunteered one full season are eligible to purchase a jacket. Sizes are somewhat limited. The price is \$120.00 payable to Spokane Parks Foundation.

The mountain has also given us instructor rates for the daycare. This is 50% off their regular prices. Please notify me if you will need these services especially for the training weekend.

A firm commitment to the program is ESSENTIAL! Please let the Ski Coordinator know in advance that you are unable to teach. **Don't wait until Saturday to call if you know in advance.**

In order to speed things along, please use the attached registration form, fill out the background check and attach your check or money order made payable to the Spokane Parks and Recreation. PLEASE PRE-REGISTER!!!! If you have not prepaid your \$20.00 registration fee, please do so at the clinics.

We hope this year's program will be the Best ever, and we are looking forward to a fun and exciting ski season. If you have any questions, please call me at 625-6245. See you on the mountain!!

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