

October 3, 2011

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### **Register Now On-Line for this Great Event**

The 3<sup>rd</sup> annual Sekani Trail Run will be held on October 15, 2011 at Camp Sekani Park, a 125 acre natural area just east of Minnehaha. The Sekani Trail Run is a 100%, 5k and 10k dirt trail run which winds in and out of magnificent natural rock formations and towering ponderosa pine trees. Runners will have the opportunity to travel around the serene dirt trails overlooking scenic views of the Spokane River and Spokane Valley. 5k/10k participants will finish the race back at the entrance of Camp Sekani.

### **Registration**

Early registration costs \$17 through October 12, 2011, 11:59pm. Registration is available online at [http://bit.ly/sekani\\_run](http://bit.ly/sekani_run) for both the 5k and 10k runs. Day of registration will cost \$22. *(Please note that day of registration costs an additional \$5). (Price difference is not subject to change)*

### **Funds Benefit**

Proceeds from the Sekani Trail Run will benefit Spokane Parks and Recreation Programs along with Franklin Elementary School's A.P.P.L.E. program: <http://www.spokaneschools.org/1742202178530980/site/default.asp>

## **About Spokane Parks and Recreation**

City of Spokane Parks and Recreation is responsible for the professional management and prudent caretaking of more than 4,100 acres of developed parks and conservation land. The Golf Division maintains and operates four championship municipal golf courses, including Indian Canyon, Downriver, Esmeralda and the Creek at Qualchan. Park Operations has responsibility for the maintenance of all park land and park facilities in the City of Spokane including Riverfront Park, Manito Park, Gaiser Conservatory, the many city-wide gardens, and Finch Arboretum. Urban Forestry staff manages 50,000 street trees and another 28,000 trees on developed park land within the City of Spokane. The Recreation/Entertainment Division offers classes, special events, athletic leagues and activities for youth, teens, adults, seniors and persons with physical and mental disabilities. It also operates Riverfront Park attractions, activities and events, and provides support for community centers, senior centers, the Northeast Youth Center, Corbin Art Center and six outdoor aquatic centers. For more information please visit [www.spokaneparks.org](http://www.spokaneparks.org)

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