



August 15, 2011

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The new Dwight Dash is a unique 5k and 10k urban trail run showcasing one of Spokane's newest sports complexes. Runners will have the opportunity to travel around the complex which is adjacent to Joe Albi Stadium and Riverside State Park. Runners will find scenic single track dirt trails, with some paved path ways. 5k and 10k participants will finish the race back at the beautifully designed complex.

Early registration \$19, or \$29 on day of run.

**Here are the details:**

Name: Dwight Dash 2011

Location: Dwight Merkel Sports Complex, (5701 N. Assembly Street, Spokane WA 99205)

Date: August 27, 2011

Time: 5k race begins at 9:00 am, and 10k race begins at 9:30 am

Check in at the registration table located under the shelter near the splash pad at the Dwight Merkel Complex on Saturday, August 27, between 7:45-8:30 am (5k check-in will close at 8:30am, and 10k check-in will close at 9:00am).

Cost: \$19.00 up until August 24, 2011 until 11:59pm, \$29.00  
(Please note that day of registration costs an additional \$10)

Registration available online at <http://bit.ly/dwightdash>  
(<http://www.active.com/running/spokane-wa/dwight-dash-2011>) for both the 5k  
and 10k runs.

### **About Dwight Merkel**

Dwight Merkel was one of Spokane's most influential figures in the development of athletic competition for children. Despite having died at the young age of 55, Merkel was the guiding force behind the Spokane Youth Sports Association, where he served for 31 years. Merkel leaves behind a legacy of commitment to community and athletic opportunity for all children.

### **About the Merkel Sports Complex**

Named for Mr. Merkel, the Dwight Merkel Sports Complex was constructed using \$7 million from the 2007 City of Spokane Parks Improvement Bond along with \$4 million from the sale of park property that was approved by City voters in 1999 and subsequently held in reserve.

The Dwight Merkel Sports Complex features:

- Six full size natural grass soccer fields
- Two full size synthetic athletic fields with lights
- Five softball diamonds with lights
- One youth baseball field
- Concessions, rest rooms and meeting space
- BMX track with lights & timing equipment
- Skate Park
- Neighborhood park with splash pad & playground
- A paved perimeter trail, plus an unpaved hiking trail approximately (one) 1 mile long that leads down to Riverside State Park's trails and offers outstanding views of the Spokane River.

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