

June 23, 2011

For further information:  
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**FREE TRAIL BUILDING & MAINTENANCE  
CLINIC OFFERED WEDNESDAY, JUNE 29,  
AT POLLY JUDD PARK**

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**EDITOR'S NOTE: Meet at Polly Judd Park at 1732 West 14th Ave. at 6pm. Bring a folding chair and, if you wish, a picnic dinner. Please do not bring children under the age of 12 years or any dogs.**

This FREE trail building and maintenance clinic will be offered on Wednesday, June 29, 6pm to 8pm, on Spokane's south hill. Anyone interested in learning a new skill, or brushing up their technique, is welcome.

Mike Brixey, an experienced trail builder from the International Mountain Bike Association (IMBA) will teach the clinic. This first session will focus on the theory of trail building.

Participants will also discuss the state and needs of the trails on the High Drive Bluff, with the option of joining a volunteer group to maintain the Bluff trails. Both hikers and mountain bikers are encouraged to attend.

The clinic will be from 6pm to 8pm and it is free and open to anyone interested.

Meet at Polly Judd Park at 1732 West 14th Ave. Bring a folding chair and, if you wish, a picnic dinner. Please do not bring children under the age of 12 years or any dogs.

A 2<sup>nd</sup> practical trail building session on the High Drive bluff trails will follow in a

week's time.

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